



## PE Curriculum Intent

### Intent

At Newbold and Tredington C of E Primary School we value the importance of Physical Education (PE), and encourage pupils to be active every day for at least sixty minutes. It is our intent to teach a curriculum that enables pupils to develop knowledge, skills and vocabulary in a range of physical activities, as well as developing values of transferrable life skills such as tolerance, fairness and respect. We teach our pupils in a way that develops their competence to excel in a range of physical activities, increase stamina, be engaged in healthy competition, and lead healthy, active lives.

### Implementation

PE at Newbold and Tredington is delivered in collaboration with specialist sports coaches from Onside Coaching. Two high quality PE lessons are delivered each week, covering a wide range of sports and activities. Pupils are invited and encouraged to participate in competitive activities throughout the year, in partnership with other schools in the Fosse MAT. The whole school participates in a Daily Mile, as part of our aim for pupils to be physically active for a least 60 minutes each day.

### Impact

We help motivate children to participate in a range of sports and physical activities through quality teaching that is engaging, fun, and accessible to all. Pupils learn to take responsibility for their health and fitness, and are encouraged to be competitive while maintaining tolerance, fairness and respect.

